



Edinburgh Frontrunners Report 2022

The last Edinburgh Frontrunners AGM was held in 'The Street' on Saturday 23rd October 2021. The newly elected committee met shortly after.

What a change a year makes!! This time last year we were talking about how few organised running festivals had been possible before - and this last year has been FULL of fixtures!

Learn to Run

The learn to run program took place again from January this year - with GREAT success. We had 14 people join the course - they progressed from mostly walking to a full 5km-run. Half of these have continued to run with us since then!!

Attended Runs

We attended many runs in other towns, and with other groups, including:

- a large contingent who visited Newcastle during their 'Festival of Running' in July
- Glasgow OUTrun in August
- The Great North Run and the Great Scottish Run
- Unfortunately, one of the runs we intended to join *en masse*, the Jedburgh Half Marathon and 10km had to be canceled, however the Ultra & Ultra Relay are still going ahead!

Not forgetting of course, our own Pride run and AMAZING Ceilidh in July....

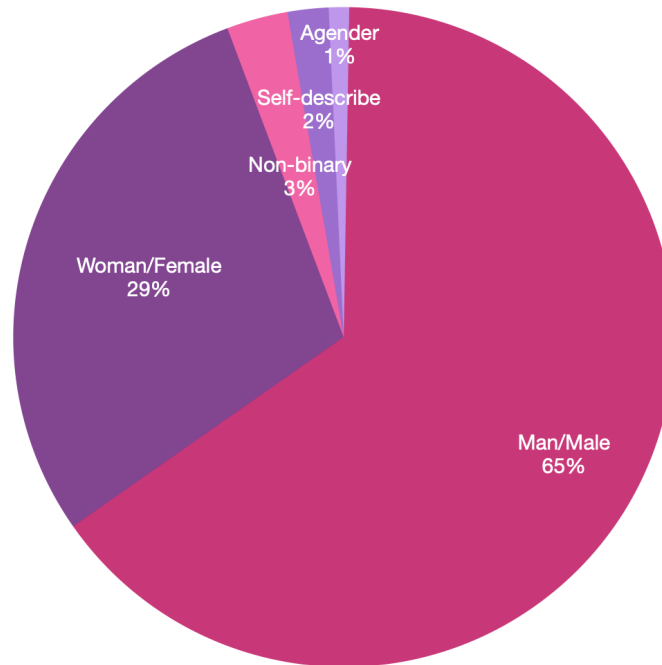
Regular Runs

Our regular Wednesday and Saturday runs, from the Commonwealth pool and Glenogle Pool respectively have been consistently well-attended. Most people also join later for a drink and/or food. The great service at DiGiorgio's, and the discount that Martin H negotiated at the Auld Hoose must be the reason.....

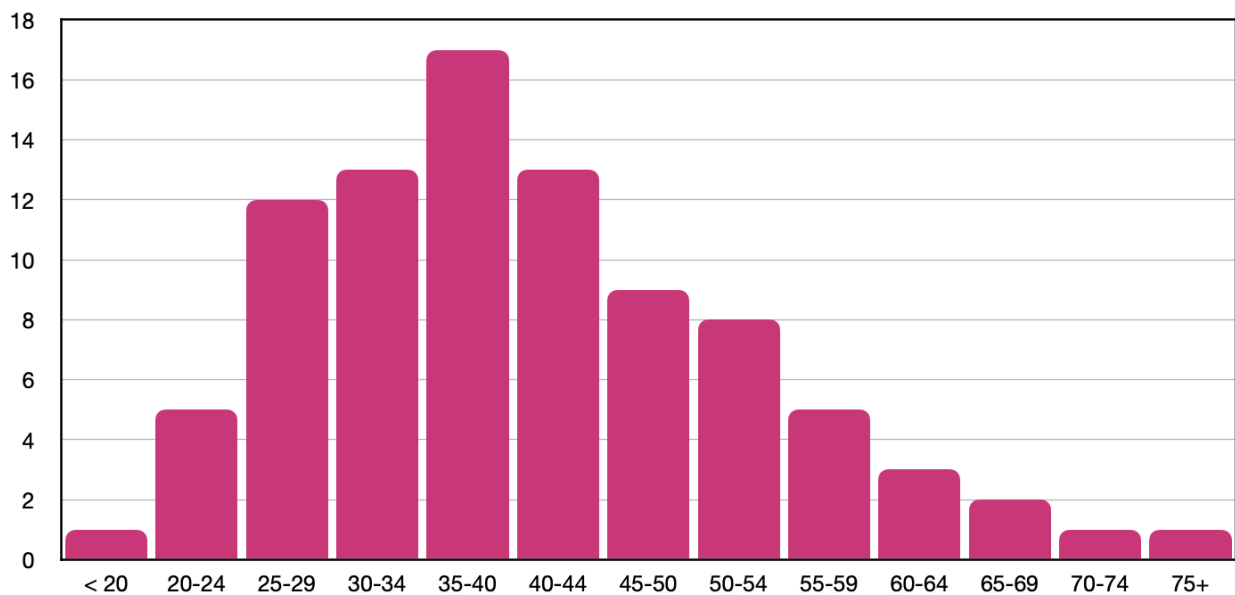
Membership

We now have 100 active, paid-up members (up from 41 last year), with a gender and age composition of:

EFR Gender Distribution 2022



EFR Age Distribution 2022



As in previous years - the club has shown to be an accessible, friendly and useful group for LGBTQI+ people who want to join a physical activity.

The social aspects of the club (not just during the Fringe!) have continued to be varied and well attended.

Thanks for all of your support during 2022!!

Run the Rainbow T-shirts - Visibility Campaign (with help from International Frontrunners)



TAKEN	AWDis JC005 - Women's Just Cool T-Shirt						AWDis JC001 - Men's Just Cool T-Shirt						Colours
	XS	Sml	Med	Lrg	XL	XXL	XS	Sml	Med	Lrg	XL	XXL	
	31" • 8	35" • 10	38" • 12	41" • 14	44" • 16	47" • 18	35"	38"	41"	43"	46"	49"	
	80cm	88cm	96cm	104cm	112cm	120cm	89cm	96cm	103cm	110cm	117cm	124cm	
Hot Pink		2	1		1			2	2	1			9
Fire Red		1		1	1		1	2	3	2	1		12
Orange Crush	n/a	n/a	n/a	n/a	n/a	n/a	1	1	2	2	1		7
Gold	n/a	n/a	n/a	n/a	n/a	n/a	2	3	2				7
Sun Yellow	1	1	1			n/a		2	3				8
Lime Green	n/a	n/a	n/a	n/a	n/a	n/a		1	2				3
Kelly Green	1		1			n/a		3	1	2	1		9
Turquoise	n/a	n/a	n/a	n/a	n/a	n/a	2	3	2	1	2	1	11
Sapphire Blue		1	1			n/a	1	3	2	2	1		11
Royal Blue							1	4	1	1	1		8
Reflex Blue	1		1		1	n/a		2	1	2			8
Purple		1		1		n/a	1	2	2	1			8
Magenta Magic		2	1			n/a	1	2	2	2			10
By size:	3	8	6	2	3	0	10	30	25	16	7	1	111
	22						89						

Committee 2021-2022

President: Kirsty MacKenzie

Vice-President: Martin Johnson

Treasurer: Pat Blashill

Secretary: Phil Cantwell

Communications Officer: Martin Hocevar

Social Secretary: Karen Halliday

Learn to Run Officer: Kate Foggo

Diversity & Equality Officer: Al Hopkins

Race sub-committee

Al Hopkins

Pat Blashill